



## TOPIC: Embracing neurodiversity

**Date:** Thursday 24 July 2025

**Time:** 10h00-12h00

**Venue:** MSTeams

**Facilitator:** Anika Adams

To RSVP and book your place email Grizelda Adams: [grizeladaa@sun.ac.za](mailto:grizeladaa@sun.ac.za)  
Please also advise of any accessibility needs you require

Neurodiversity encompasses conditions such as Autism, ADHD, and Dyslexia, with global research indicating that approximately 10% of employees are neurodiverse.

This workshop empowers participants with understanding and tools for working with neurodivergent colleagues.



**Anika Adams** is a dedicated neurodiversity advocate and specialist with a strong background in Special Needs for Neurodivergents. As a neurodivergent adult herself, Anika is deeply committed to supporting the unique needs of neurodivergent individuals in various sectors, including the workplace. She founded *Neuroversity Support* to champion neurodivergent rights and provide tailored solutions for individuals at all stages of life.

Anika also leads *NeuroMe*, an innovative online curriculum provider that supports South African neurodivergent learners. Her extensive knowledge of the challenges neurodivergent individuals face equips her to offer practical, inclusive strategies that empower organisations to better understand and support neurodivergent staff. Through her work, Anika is helping to create environments that foster inclusivity, understanding, and success for neurodivergent individuals, ultimately driving workplace productivity and well-being.